

At Cringleford Primary, we aim to educate and inspire the children to lead active and healthy lives that will last a lifetime.

At the heart of PE is the desire to promote the enjoyment and positive benefits that come from being physically fit and active. The curriculum allows the children to develop fundamental movement skills and opportunities to extend their agility, balance and coordination. As they move up through the school they show increasing confidence and competence.

Inclusion for all is fundamental and all the children learn to challenge themselves individually (comparing their own performances and reflect upon their performance to allow them to continually improve and set new personal bests). The children will learn the importance of working within teams developing their communication and collaborative skills.

Through playing competitive games the children will develop tactical awareness, self-reflection, determination and the ability to deal with both defeat and victory gracefully.

The PE curriculum will relate to, use and develop the JONK values, namely: collaboration, creativity, curiosity, reflectiveness, resourcefulness and resilience which will drive their success both individually and as part of a team.

	Autumn	Spring	Summer
Year 1	Teacher - Fundamentals/Sending receiving Pro-coach - Ball Skills / Invasion	Teacher – Gym Floor work / Invasion Pro-coach - Dance ? Gym apparatus	Teacher – Sports Day / Net Wall Pro-coach - Athletics / Striking Fielding
Year 2	Teacher - Fundamentals/Sending receiving Pro-coach - Ball Skills / Invasion	Teacher – Gym Floor work / Invasion Pro-coach - Dance / Gym apparatus	Teacher – Sports Day / Net Wall Pro-coach - Athletics / Striking Fielding
Year 3	Teacher – Hockey/ cross country Pro-coach - Tag Rugby / Basketball	Teacher – Circuit training/ Hockey Pro-coach - Gymnastics / Dance	Teacher – Tennis and sports day practice/ Rounders Pro-coach - Athletics / OAA Adventurous activities
Year 4	Teacher – Hockey/ cross country Pro-coach - Tag Rugby / Basketball	Teacher – Circuit training/ Netball Pro-coach - Gymnastics / Dance	Teacher – Tennis and sports day practice/ Rounders Pro-coach - Athletics / OAA

<p>Year 5</p>	<p>Teacher - Hockey/ cross country Pro-coach - Tag Rugby / Basketball</p>	<p>Teacher – Circuit training/ Netball Pro-coach - Gymnastics / Dance</p>	<p>Teacher – Tennis and sports day practice/ Rounders Pro-coach - Athletics / Quidditch</p>
<p>Year 6</p>	<p>Teacher – Ball skills/ Circuit training Pro-coach - Tag Rugby / Basketball</p>	<p>Teacher – Cross country/ Hockey Pro-coach - Gymnastics / Dance</p>	<p>Teacher – Tennis and sports day practice/ Rounders Pro-coach - Athletics / OAA</p>

