



JustDance are very excited to offer our new Musical Theatre Course starting in May.

There has always been lots of interest around providing these classes and we are pleased to be able to offer the classes in the shape of longer sessions over a period of 6 weeks so that we can spend time developing a piece of work!

How will it work? When is it?

The sessions will run over 6 Sundays - this is spread over 8 Sundays. 2 Sundays on, 1 off.

The dates are 9th, 16th, 30th May and 6th, 20th, 27th of June. Each Sunday will be 10.30-1.30pm. Performers are expected to attend every session during the course. All sessions will be held at City Academy Norwich, NR4 7LP

Each session will run for 3 hours. On arrival the performers will be put into groups based around age and will separate into their groups for the day. Only coming together when needed.

The day will begin with fun Musical Theatre inspired introduction and warm up activities such as: tongue twisters, group rhythmic, pitch and volume exercises to warm up their vocal folds for singing and acting. Physical & dance-based routines and sequences working on agility, flexibility and strength. Acting games to engage collaborative focus and energy while encouraging personal creativity to develop characterisation and performance.

Each group will have a 3 main classes throughout the day with regular breaks between each; singing, dancing and acting- throughout these specialised lessons they will further focus and develop each craft.

Please provide students with a lunch/snacks and drinks as they will have adequate breaks which will coincide with calmer Musical based reflection and development.

The students will all come together at the end of the day for the plenary which will include outro activities and practise rehearsal for everything they have achieved throughout their classes.

Cost of the 6 weeks is £90

The Benefits of Musical Theatre

Are massive!! Improving self-confidence and self-esteem which we could all do with more than ever. Teamwork, supporting others, improvisational skills, problem solving. Developing movement and creative skills, develop vocal skills, in group and solo work, harmonies and rounds. Building and developing acting skills, working on confidence, projection, stage presence and general performance skills to be an all-round performer and a triple threat!

We have very limited spaces on this course, so please do get in touch and book your space. Or if you have any questions at all, please do get in touch!

Lisa and Mel

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